

Individual Coaching

Overview

Our individual coaching programmes are designed to give the maximum benefit in the minimum time. At a location to suit the individual, we spend the time they need giving in-depth personal training on the areas where they most need help.

Who is it for?

These sessions are ideal for senior managers and executives who need help fast, and want complete, personalised focus from the experienced trainer. They are also ideal for those who can not afford to spend 2 days out of the office on our Expert Presentations workshop, yet still need support and advice on how to make their presentations more successful.

Process

1. A no-commitment telephone consultation takes place between the individual and the trainer to ascertain the specific needs for the coaching. This allows us to advise on the likely time needed, and also ensures that the coaching session is as focussed as possible.
2. The client chooses which level of coaching service they require.

Bronze: 2 hours

Typically used for some targeted support with one or two key areas, such as help with message development, delivery style or gaining audience buy in.

Investment: £495*

Silver: Half Day

Here we would cover much of the content of the Compelling Presentations workshop, or alternatively give in-depth advice and support on some key chosen areas. Video feedback is included.

Investment: £695*

Gold: Full Day

During an intensive full day we can either cover the content given in the Expert Presentations workshop, or work closely with the coachee on a number of areas they wish to focus on. For instance, helping them develop or re-write their presentation.

Investment: £1195*

* VAT and reasonable travel expenses would be applicable

3. The coaching takes place at the coachee's place of work to minimise down-time.
4. If the coaching included videoing of the coachee (Silver and Gold packages), the individual will receive a personalised CD Rom with any video clips, along with a summary of the coaches feedback.

And remember, we are so confident that you will be delighted by our coaching that we offer a totally risk free, no-quibble money back guarantee. If you are not completely satisfied by the end of the coaching session, we will refund your investment in full.

Call us now on 01582 673464 for a free consultation.